

# Unit Outline (Higher Education)

**Institute / School:** Institute of Health and Wellbeing

**Unit Title:** Indigenous Health

**Unit ID:** HEAPH6004

**Credit Points:** 15.00

**Prerequisite(s):** Nil

**Co-requisite(s):** Nil

**Exclusion(s):** Nil

**ASCED:** 061305

**Description of the Unit:**

The unit aims to provide students with an understanding of history, culture and healthcare issues of the First Nation people, Aboriginal and Torres Strait Islander people. Issues related to health and wellbeing, underlying social determinants impacting health outcomes, health inequality, relevant health policies and supportive environment will be discussed. Students will be able to analyse current health status, identify gaps and advancement in closing the gaps of First Nation people. Responsibility of health system in improving health outcomes including role of different stakeholders for health promotion activities at community levels will also be discussed.

**Grade Scheme:** Graded (HD, D, C, P, MF, F, XF)

**Work Experience:**

No work experience

**Placement Component:** No

**Supplementary Assessment:** Yes

Where supplementary assessment is available a student must have failed overall in the Unit but gained a final mark of 45 per cent or above, has completed all major assessment tasks (including all sub-components where a task has multiple parts) as specified in the Unit Description and is not eligible for any other form of supplementary assessment.

**Course Level:**

Level of Unit in Course	AQF Level of Course					
	5	6	7	8	9	10
Introductory	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Intermediate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	✓	<input type="checkbox"/>
Advanced	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### Learning Outcomes:

#### Knowledge:

- K1.** Comprehend culture and history of Indigenous people
- K2.** Identify factors influencing cultural diversity and influence on health choices
- K3.** Appraise the concepts of health and wellbeing from Indigenous context
- K4.** Explain the meaning of cultural safety and how that impacts on improving health outcomes

#### Skills:

- S1.** Analyse impact of physical, social, historical, political and cultural factors on health outcomes
- S2.** Investigate and explain the rationale for development of Aboriginal and Torres Strait Islander health policies at National and State levels
- S3.** Investigate and explain the role of various stakeholders related to Indigenous Health

#### Application of knowledge and skills:

- A1.** Demonstrate higher level of understanding regarding cultural diversity and cultural safety in relation to health outcomes for Indigenous communities
- A2.** Analyse strategies, practices and programs for healthcare delivery and health promotion in order to close the gap in health outcomes between Indigenous and non-Indigenous Australians
- A3.** Apply knowledge of cultural diversity to work with Indigenous individuals, families and communities as a public health professional

#### Unit Content:

Introduction and key concepts related to Indigenous health. Cultural identity and cultural safety; Concepts, theories relating to issues of social justice and cultural safety, difference and diversity. Impact of history. Health and wellbeing from Indigenous perspective. Cultural practices and meanings of family, community, country, values and community decision making processes. Aboriginal and Torres Strait Islander health policies (national and state). The Aboriginal Community Controlled Health Sector. Culturally safe clinical care. Men's business and Women's business. Health of older Indigenous community members. Remote Indigenous health.

#### FEDTASKS

Federation University Federation recognises that students require key transferable employability skills to prepare them for their future workplace and society. FEDTASKS (**T**ransferable **A**tttributes **S**kills and **K**nowledge) provide a targeted focus on five key transferable Attributes, Skills, and Knowledge that are embedded within curriculum, developed gradually towards successful measures and interlinked with cross-discipline and Co-operative Learning opportunities. *One or more FEDTASK, transferable Attributes, Skills or Knowledge must be evident in the specified learning outcomes and assessment for each FedUni Unit, and all must be directly assessed in each Course.*

FEDTASK attribute and descriptor		Development and acquisition of FEDTASKS in the Unit	
		Learning Outcomes (KSA)	Assessment task (AT#)
FEDTASK 1 Interpersonal	Students at this level will demonstrate an advanced ability in a range of contexts to effectively communicate, interact and work with others both individually and in groups. Students will be required to display high level skills in-person and/or online in: • Using and demonstrating a high level of verbal and non-verbal communication • Demonstrating a mastery of listening for meaning and influencing via active listening • Demonstrating and showing empathy for others • High order skills in negotiating and conflict resolution skills\\ • Demonstrating mastery of working respectfully in cross-cultural and diverse teams.	Not applicable	Not applicable
FEDTASK 2 Leadership	Students at this level will demonstrate a mastery in professional skills and behaviours in leading others. • Creating and sustaining a collegial environment • Demonstrating a high level of self -awareness and the ability to self-reflect and justify decisions • Inspiring and initiating opportunities to lead others • Making informed professional decisions • Demonstrating initiative in new professional situations.	Not applicable	Not applicable
FEDTASK 3 Critical Thinking and Creativity	Students at this level will demonstrate high level skills in working in complexity and ambiguity using the imagination to create new ideas. Students will be required to display skills in: • Reflecting critically to generate and consider complex ideas and concepts at an abstract level • Analysing complex and abstract ideas, concepts and information • Communicate alternative perspectives to justify complex ideas • Demonstrate a mastery of challenging conventional thinking to clarify complex concepts • Forming creative solutions in problem solving to new situations for further learning.	Not applicable	Not applicable
FEDTASK 4 Digital Literacy	Students at this level will demonstrate the ability to work competently across a wide range of tools, platforms and applications to achieve a range of tasks. Students will be required to display skills in: • Mastering, exploring, evaluating, managing, curating, organising and sharing digital information professionally • Collating, managing complex data, accessing and using digital data securely • Receiving and responding professionally to messages in a range of professional digital media • Contributing competently and professionally to digital teams and working groups • Participating at a high level in digital learning opportunities.	Not applicable	Not applicable
FEDTASK 5 sustainable and Ethical Mindset	Students at this level will demonstrate a mastery of considering and assessing the consequences and impact of ideas and actions in enacting professional ethical and sustainable decisions. Students will be required to display skills in: • Demonstrate informed judgment making that considers the impact of devising complex solutions in ambiguous global economic environmental and societal contexts • Professionally committing to the promulgation of social responsibility • Demonstrate the ability to evaluate ethical, socially responsible and/or sustainable challenges and generating and articulating responses • Communicating lifelong, life-wide and life-deep learning to be open to the diverse professional others • Generating, leading and implementing required actions to foster sustainability in their professional and personal life	Not applicable	Not applicable

### Learning Task and Assessment:

Learning Outcomes Assessed	Assessment Tasks	Assessment Type	Weighting
K1, K2, K3, K4, S1, S2, S3, A1, A2, A3	Individual written assessment: Discuss strategies to address health inequality and improve health outcomes for Indigenous communities	Critical Analysis Essay	40%
K2, K4, S1, A1, A3	Group assessment: Explore the relationship between culture and health and wellbeing of Indigenous communities, and the influence of cultural identity on your own health and healthcare choices	Group digital presentation	35%
K1, K2, K3, K4, S1, S2, S3, A1, A2, A3	Structured quiz	Online quiz	25%

**Adopted Reference Style:**

APA ()

Refer to the [library website](#) for more information

Fed Cite - [referencing tool](#)